



Dr. Roy Martina speaks in Aruba

Quota Club International welcomed a full house for their annual motivational lecture

On Saturday, May 25, the Aruba chapter of Quota Club International held their annual lecture, which usually presents motivational speakers of international repute. This year, Quota welcomed Dr. Roy Martina, who provided guidelines for over 600 individuals filling the Renaissance Convention Center on “Being the Best that you can be.”

Enid Croes Marugg of the Aruba Chapter of Quota Club is also the President of Quota Club International. She reported that attendance was nearly and all time high, and that this event, which was accompanied by a special lunch was different than the past because of the 20 year anniversary of Quota Club in Aruba. Susy Maduro, President of the Aruba Chapter also expressed great satisfaction at the overwhelming response to the appearance of Dr. Martinus in Aruba. He reports that he lectures in fourteen countries annually, and he has published over forty-five books on the subject of achieving emotional health and success in one’s life in Dutch, English, Spanish, and Papiamentu, of which ten are bestsellers. His work as founder of the Roy Martina Academy helped him develop method named Neuro Emotional Integration (NEI) in which he has educated about 2500 therapists worldwide. Additionally he developed Emotional Balance and Omega Health Coaching, allowing where responsible emotions can be traced and integrated easily, thus relieving stagnation of the physical system and its negative influence.

Dr. Martina, born in Curacao, and raised in Aruba, overcame physical disabilities to become the youngest individual to earn a medical degree “cum laude” from Holland in 1978. He explained that he departed from the traditions of standard medical practice after suffering from severe whiplash during a car accident and finding that such practices offered him no relief from suffering. A friend recommended acupuncture, and after more than a year of pain and frustration he was willing to try anything, and found that after two or three treatments, his whiplash was cured. This provoked him to give up his practice as a general physician and fully investigate “alternative medicine.” He opened a practice in Alternative Medicine until 1986, when he decided “I wanted to do something more in preventative medicine. I decided I wanted to do more about helping people to not get sick, rather than curing them after they got sick.” At this time, he moved to Los Angeles and began his research center.

In 1995, he began making the rounds of public motivational speaking, after spending years training doctors and practitioners in the techniques he had mastered. “We can take care of our bodies, and not be taking care of our spirit, and I believe there is a balance to all of that,” he explained. “I also believe that when we get sick there is a deeper message we need to look at, to examine “Why am I getting sick?” “What do I need to change in my life right now?” We need to get to the bottom of things, and what happens in many of these therapies, including alternative, is that they only focus on getting the body well, not enough focusing on the deeper parts, and that is where I feel there is still a lot of work to be done. I believe in spirituality, but I believe in more practical spirituality, things that are really useful, not just meditating for the sake of meditating.”

Evelyn Wever-Croes, project coordinator also acted as moderator for the seminar. The early part of the lecture, which began at 11:30 AM, was an introduction to Dr. Martinus and his philosophy, which in many ways is a common sense approach to balancing one’s time, emotions, and interactions with others. A point he made was to be empathetic, but not to make other people’s problems your own problems. He put this in very direct language, which during a sumptuous lunch from the Renaissance staff he did receive some negative feedback. After the break he addressed this issue, as he felt that his choice of words were very apt for the problems he was addressing, but for the sensibilities of those that were offended, he would use the euphemism, “BS,” which could also be interpreted as “Belief System” aside from its usual application. This not only provided some comic relief to a basically serious subject, but also segued into a part of his subject matter, the rigid adherence to certain ways of thinking that are doing one harm, and the recognition of that rigidity. Dr. Martinus’ positive energy, humor, and charismatic presence delivered a dynamic afternoon that left his audience energized and enlightened. During the breaks, many of his books and motivational CD’s were offered for sale to benefit the work of the Quota Club during the breaks.

“I thought his talk was fantastic,” expressed one member of the audience, “you can see that he has a lot of experience, and self-experience, so it is better than many of the people that may have had an education and are just talking about it. It is completely different. From my own experience I can agree completely with what he has to say about the conscious and sub-conscious mind. What he is saying is absolutely true.”

“What he says makes a lot of sense to me, and I hope to the rest of the people of Aruba,” stated another. “Every day, every hour, every minute, I experience something of what he is talking about.”

Gino Goloe, Director of the White-Yellow Cross was of the opinion that the lectures of Dr. Martina would be very good for all the educators of Aruba, and his message would be beneficial to working with youth and inspiring them. Susy Maduro did express the desire to possibly see that Dr. Martinas returns to Aruba for another session, as the Quota Club lecture sold out at 600 tickets. and because of the special luncheon they could not sell more, even though there was a demand. Dr. Martina’s lecture was so informative and well received that in all likelihood they will bring him back to Aruba again.